

## “Fraser Island Adventure” - 24km run or trek - Saturday 22 August 2009

Once-a-year opportunity for an affordable visit to Queensland’s most beautiful offshore island. Limited places for 50 runners and 30 overnight walkers.

Two options:

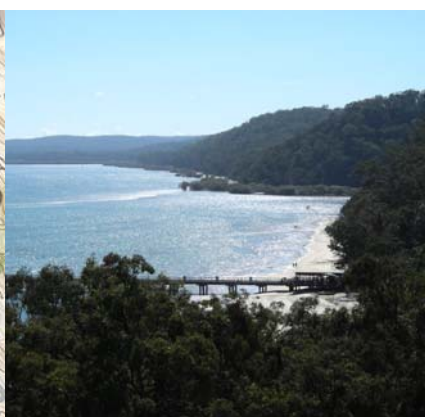
**24k:** Run from Kingfisher Bay Resort via Lake McKenzie and Pile Valley to lunch at Central Station. Lift back by bus including stopover at Lake McKenzie. Walkers to Lake McKenzie also welcome.

**Trek:** 4WD bus drop-off to Central Station campsite; walk your chosen route out, for example returning to Kingfisher Bay via Basin Lake and Lake McKenzie.



**Costs:** Run \$80 includes return Fastcat ferry to/from Kingfisher Bay, return bus transfer from Central Station with Lake McKenzie stopover \$15 optional catered lunch (or byo)  
Trek \$70 ferry + bus transfer to Central Station campsite, walk out via the lakes

### 24km Run Course



Starting at beautiful Kingfisher Bay (pic above right), along the clifftop trail then inland on walking trails (not soft sand!) to Lake McKenzie, then the tall forest of Pile Valley to finish alongside the clear waters of Wanggoolba Creek Walk at Central Station. The run course will be well marked but this is a remote area so carry your own water on the run.

**Organiser for inquiries:** Greg Waite, Trail Running Association of Queensland  
Phone 3869 1661 Email [g\\_waite@optusnet.com.au](mailto:g_waite@optusnet.com.au) Event updates  
<http://www.runtrails.org>

**Hervey Bay contact:** Mark Armstrong Email [pulgul54@bigpond.net.au](mailto:pulgul54@bigpond.net.au) (continued over)

## Ferry from Urangan Boat Harbour & Bus Transfer

The ferry departs Urangan at 6.45am so you need to stay Friday night at Hervey Bay if driving from Brisbane (4.5 hours). Don't be late as you will have to pay for a watertaxi if you miss the boat! Return ferry leaves Kingfisher Bay 4.30pm Saturday, or stay longer if you wish. 4WD bus back from the finish included, with stop for swim at Lake McKenzie. Gear you want at the finish can be left at the start and will be carried for you on the bus.

## Optional Sunday Extras

1. Join Hervey Bay Runners & Walkers for a run at Maryborough on Sunday.
2. Treat yourself and stay a night or two in Kingfisher Lodge eco-luxury (see deals below)
3. Runners who camp can throw your pack on the bus and stay on at Central Station after.
4. Just chill out and relax at Hervey Bay.

## Hervey Bay Accommodation

Lazy Acres Caravan Park 91 Exeter Street Torquay 4125 1840

Fraser Lodge Holiday Park 20 Fraser Street Torquay 4124 9999

Hervey Bay Tourist Park 295 Boat Harbour Drive Scarness 4128 2762

Happy Wanderer Caravan Park online booking [www.happywanderer.com.au](http://www.happywanderer.com.au)

Accommodation website:

<http://www.herveybay.au.com/?source=AdwordsFrP@Hervey+Bay>

## Kingfisher Bay Special Offers

Hotel room accommodation \$160 per night. Lodge rate \$35 per person per night quad share for four. Quote "trail run" when requesting these rates.

Kingfisher Bay Resort & villas 1800 372737 Email [reservations@kingfisherbay.com](mailto:reservations@kingfisherbay.com)

## Contact details you may need

Hervey Bay-Kingfisher Fast Cat: 1800 072 555

(note – for changes only - ferry booking is included in entry)

Mary River Barge: 1800 249 122

Hervey Bay Water Taxi self-bookings: 1800 072555

Fraser Island taxi self-bookings for extra drop-offs: 4127 9188, 0429 379 188

## Trek / Multi Day Walk & Camp

The Great Walk on Fraser Island is very extensive, but first you have to get to the forest and lakes of the central island. Take advantage of our bus transfer to Central Station and avoid covering the access trails twice, plus benefit from our FastCat discount (usually \$65).

**Great Walk campsite bookings** – book your own itinerary at 131 304 or online at

<https://www.epa.qld.gov.au/parks/iaparks/gds/IAGDS450.jsp?newGWId=1>

**More:** on the Fraser Island Great Walk at <http://www.epa.qld.gov.au>

